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turn their heads and watch for her to come to them; and yet, the Nurses are rather in awe of her, she seems to see every thing, and has a way of making one feel quite strong about a triffe, though she says there are no in the least describe; she is not a person I can in the least describe; she is not pretty or handsome, but the children hold out their arms to her, and say, "Pretty Lady." She dresses in a most severe uniform dress in the day, but In the evening, for dinner, she has a softly falling gown and a lace cap that are quite restful to sortly failing gown and a face cap that are quite restint to one's eye. Somehow one feels her all over the house Nurse Marion says 'I don't want to see Matron if I have done any-'thing naughty, for she just looks at me and I feel she 'knows all about it"--and really I thought the same this morning--I was late, and let my hair go its own way, feeling, well, I can't help it if my hair grows curly, it is not a fringe. I had just finished dusting when I found Matron in the ward. As she moke to Sister and the children Matron in the ward. As she spoke to Sister and the children, making her way up from cot to cot, I saw her glauce at me. When she came up to me she asked Sister for something she had to go to her room to fetch and then turned to me. "Nurse Alice, do not allow yourself to be five minutes me. "Nurse Alice, do not allow yourself to be five minutes late again. Your hair is troublesome, but till to-day you have succeeded in subduing it, and I fear I cannot say your own bed is made as tidily as your cots. I am glad to see you are learning to take a pride in them," and then passed on. I wished the floor would open -- but how did she know I had covered up my bed anyhow. I was in such a hurry ! But I assure you, Jean, I feel as if I never could do such a thing in my life again, and as if I could measure my cot quilts with an inch tape so as to have them more perfect ! And now, if I am not to be tempted to be late, I must go to bed, so good-night. Tell Phyllis when next you write that all Matrous are not like her's, and that I wish she were here with mine, and she were here with mine, and Your affectionate Cousin, ALICE.



Letters to the Editor. (Notes, Queries, &c.)

Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not IN ANY WAY hold ourselves responsible far the opinions expressed by our correspondents.

THE LORDS' COMMISSION ON NURSING.

To the Editor of "The Nursing Record."

DEAR SIR,-I read with great interest an extract from the Pall Mall Gazette, in your issue for June 30th ult., and I should advise every Nurse to read, mark, and learn by heart those wise, just, and humane recommendations of my lords, and earnestly hope that in the near future every item in that noble programme will be carried out.

If the modern cry of Nursing Reform means anything more than talk, it means the amelioration of the condition under which Nursing work has been, and to an immense extent is still, carried on, and in the front rank of these reforms should be the shortening of the hours of Nursing; their undue and unwise prolongation has for long been a slur upon the Nursing organization of our Hospitals. What is organization but a preparedness to meet emergencies-forecast; and what more





The *Lancet*, October. 1891, says: "Our analysis and examination of this admirable preparation show the extraordinary degree of concen-tration that has been attained by a process which can only be regarded as phenomenal, since the retention of the beef-juices in the raw and un-cooked state has also been secured. The total solid matter amounted to 22.22 per cent., of which 1.25 was mineral constituent (phosphate), 16.90 albuminous matter (2.68 nitrogen), and 4.07 other organic princi-ples. Dispite the excellent condition of the sample submitted to us, no objectionable preservatives could be found." Of all Chemists, &c., in 2-02., 6-04., and 12-02. bottles, price 18. 3d.; s.; and 55.





